

Forthcoming Monthly Speaker Meetings

Monthly speaker meetings are held at 1:45pm in Burton Joyce and Bulcote Village Hall, Trent Lane, Burton Joyce, Nottingham NG14 5EY. They are followed by refreshments, tea/coffee and biscuits. It's an ideal opportunity to socialise, sign up for Groups and chat to friends. Members should arrive in good time as latecomers can make it difficult for others to hear the Announcements.

TUESDAY 9th APRIL – DR ANN FEATHERSTONE - “THE BLACKPOOL WIDOW”



1953: a year when the country celebrated the Coronation of Elizabeth II, when sweet rationing ended and when, for 5 months over the summer, newspapers were full of the mysterious death of a widow in the seaside town of Blackpool. Discover how one person was convicted, another released, and what Louis Tussaud's Waxworks had to do with it.

Ann Featherstone is a retired university lecturer and teacher as well as a writer. She writes non-fiction books and articles and is a historical novelist with two published novels to her name. She has appeared on local and national radio, “The One Show”, and in documentaries on BBC4. She has twice been a guest expert on “Who Do You Think You Are?”, once with Sheridan Smith and, in the 2017 series, with Sir Ian McKellan. Also, in May 2019, she appeared in the second series of BBC1's “A House Through Time”.

TUESDAY 14th MAY – KATHY POWIS - “MARY ROSE – ONE MOMENT IN TIME”

Kathy Powis is a patron and speaker for the Mary Rose Trust. She will deliver a fascinating talk on the life of the famous 16th Century Tudor warship, Henry VIII's flagship, from its construction in 1510, active service fighting the French, the sinking in 1545, to its dramatic raising from the Solent in 1982, its conservation and restoration in the new state-of-the-art museum surrounded by 19,000 artefacts in Portsmouth Historic Dockyard.



FRIDAY 24TH MAY AT 7:30 p.m. - BURTON JOYCE VILLAGE HALL



- ONLY £5 PER TICKET (NUMBERS LIMITED)
- BRING YOUR OWN SNACKS/NIBBLES, DRINKS & PLASTIC GLASSES/CUPS
- CONTACT JACKY KINSEY, TREASURER, TO RESERVE YOUR PLACE BY EMAILING: treasurer@bju3a.co.uk

GROUP NEWS

www.bju3a.co.uk/groups

SWANS (Short Walks and No Stiles)

The "SWANS" group is a friendly group of walkers. It meets on the 3rd Monday of the month at 10:30 a.m. The walks are not too strenuous and are approximately three to four miles long over easy terrain.

Gedling House Woods & Meadows - 18th March - 11 of us set off from 'Jubilee Park' on Burton Rd, wending our way to the entrance of the Nature Reserve on Wood Lane, Gedling, where we were interested to learn about the "Friends of" group which has taken on the management and overall responsibility of maintaining the 25 acre woodland and meadow reserve, since 2003.

The ridge and furrow way of farming is still evident in the lower meadow now. In establishing this flower meadow, a flock of Hebridean sheep are sometimes brought in on loan from the Wild Life Trust towards the end of the season, to "enhance" the land for the flora and fauna. In the second meadow our knowledge was tested by the evidence of many mounds of earth, that had been made by yellow ants, being a favourite of the green woodpecker.

Onwards and upwards we ventured through the woodland paths, hop-scotching over the very muddy parts, and bringing us to a small clearing that provides a micro-climate for butterflies. Time then for a break on the very large carved oak log seat, installed some fifteen years ago.

To finish the morning's education and enjoyment in the sunshine, we treated ourselves to a lunch at The Gedling Inn.

For more information, visit the group's web page :- <https://bju3a.co.uk/swans/>



SUMMER OFF-ROAD CYCLING

This is an idea for a potential new group. A low key cycling for fun group, avoiding main roads except for ones with cycle paths, no more than 6 - 10 miles at most, with a coffee stop along the way. Meeting in the village depending on cycle route, 1 afternoon per month between April and September.

Examples of the routes envisaged are; along the river to the gravel pits and on to Gunthorpe, or up to Stoke Lock and towards the Netherfield lagoons. It wouldn't be suitable for advanced/serious cyclists but for those wanting some fitness and sociability.

If this is of interest to you, please email Christine Shepherd, Groups Facilitator, at groups@bju3a.co.uk

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DOG WALKING

Our boy 'George' is enjoying walking with his pal 'Bertie' and we'd love someone else to join us! George is a very laid-back easy-going boy, and Bertie the labrador loves everyone. We meet for a walk at 9 a.m. in the Nelson car park on the last Friday morning of each month so our next walk will be on Good Friday, 29th March. Due to the mud this winter we usually walk along the farm track to Bulcote, back through the village, and stop for a cuppa at the Willow Tree which welcomes dogs.

If you'd like to join us, please let me know either by email or mobile.

Email:- sally_cameron@hotmail.co.uk

Mobile:- 07519315458

For more information, visit: - <https://bju3a.co.uk/dog-walking/>



FRIDAY FIT

This new aerobics group held its first session on Friday March 22nd at 9.30-10.30 in Burton Joyce Village Hall, when it was attended by 14 ladies (although men are welcome!). It costs £5 per session, payable in cash on a weekly basis, and will initially run for 4 sessions to ensure the group is viable. Further sessions are being held on April 5th and 19th.



Pippa Tabreham, who puts the Wednesday Aerobics group through their paces, is also leading Friday Fit in a variety of activities, such as cardio-vascular exercises, stretching, balancing and strength training, all to music from the 60's, 70's and 80's. Basically fun exercising. All fitness levels are catered for. Comfortable clothing, trainers, a mat and possibly weights if you have them, otherwise we have a few spares to lend out initially. Come and give it a try!

For more information, visit: - <https://bju3a.co.uk/Friday-fit/>

For details all interest Groups, please visit our website at <https://bju3a.co.uk/groups/>

Car Stickers

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We have recently replenished our supplies of u3a-branded car stickers. They are £1 each. Please contact Alan Comerie on 07581 456253 or email speakers@bju3a.co.uk if you would like one.

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