

# Burton Joyce & District u3a Newsline



## Welcome to the May Edition of Newsline

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### From The Editor

I wonder how many of you rushed home after the March monthly meeting and sought out your will or finally got round to Googling “Lasting Power of Attorney”?

Was it a co-incidence that on the same evening, Martin Lewis emphasised the importance of the said powers on ITV? Did anyone else ring their bank to ask if their joint account would be frozen if one of them became incapacitated without an LPA? Trevor and I did all of those and are now feeling slightly less panicky and much more smug that we are about to put the completed LPAs in the post. Perhaps this is what happens when you both turn 70. Yet another perk from our membership of BJu3a.

A much more pleasant perk was the post Aerobic Coffee and Cake at Joy Yates’s house to celebrate hers and my big birthdays, less than a month apart. We probably all more than made up for the calories burned during our workout but it was such a lovely way of doing so. Some of our groups offer so much more than they say on the tin and really are about like minded people celebrating and supporting each other (often whilst eating cake!)

*Judith*

## Chair's Chatter

Like nature at spring time, so is our u3a blossoming this time of the year with the emergence of new exciting Groups, including Classic Cars, Vogue BJ (Fashion), Flower Power & Political History. More details in the Groups section of this edition.

Groups rely on a strong commitment from our coordinators and as a big Thank You they gathered for a buffet luncheon on 28th March ably prepared by our Elaine Bass. I was unable to attend, Covid has a lot to answer for!



As mentioned in the Editor's article Groups are so much more than what it says on the tin. My Canasta and Cribbage Groups are out on a social night with no cards in sight, they are all winners!



I am looking forward to our Quiz Night on Fri 26th May, just hope no wooden spoons this time as I already have enough from last year's quiz!

Lastly can I please remind you of my email relating to Gift Aid sent on 11th April asking for your consent for BJ&D u3a to claim gift aid on your behalf. Your support will be much appreciated.

Stay safe,

Anna Moore

# Membership News

## MEMBERSHIP NEWS

Following a quiet start to the new year our membership applications have sprung into life as you will see below from the new member interviews. Our membership now stands at 343 with 62% female.

Look out for details of the next New Members Coffee Morning.

Rupert Williams (Membership Secretary)



## Spotlight on our New Members

### Pat Edwards

Pat moved from Arnold to Burton Joyce last August, to be nearer to family. The U3A activity that sparked her interest was mah-jong and she is now signed up as a group member. She may come to one of the monthly meetings and look at other groups at a later date but at present she is focussed on her singing - she belongs to 2 choirs, one of them being Trent Valley Singers.

Pat also enjoys reading sessions at the village primary school where her great grandchildren attend.

### Marshall Lowe

Marshall got to know our U3A as Elaine Bass, a very established and active member, is his sister-in-law. He's already been to two of the monthly meetings and has joined one of the walking groups and the international dining group.

He lives in Gedling where he's been for over 20 years. He retired just 5 months ago so is in those early stages of deciding how to spend his leisure time. He has worked in a variety of settings over the years including the prison service and for the YMCA. Most recently he was a self-employed gardener.

### Jane Marshall

As with quite a number of folk, the lure of U3A for Jane joining was to be part of the table tennis group, which she goes to on a Monday. She actually lives in Attenborough but visits her sister Lyn in the village each week. It was through Lyn that she learnt of the group. Already a member of Beeston U3A, Jane has joined Burton Joyce & District as an associate member. She tells me that Beeston U3A have 5 table tennis groups!... all largely full and the only one she could have joined meets on the same day as ours and she's happily opting for the latter!

One of Jane's other pursuits is modern jive and she goes to a weekly class, outside of U3A activity. However, she is aware of our jive group so maybe she can be tempted to this too?

Jane's background is teaching. She has lived in the county all her life and spent her early years in Southwell. Indeed, she was in the first intake at Lowes Wong primary school having previously attended the old National school in the town.

#### Wendell Buckley

Wendell is relatively new to the village, having moved to Burton Joyce just 2 years ago, during the pandemic. She originates from London but the impetus to move was to be closer to her daughter and family who live in the village – her 2 grandchildren attend the primary school.

Wendell is fully retired, having worked in finance for the local authority.

In looking to become involved in some activities, her daughter suggested the U3A. She had not heard of the organisation before but having read about us on the website she has, happily, decided to join. She is looking to maybe learn Spanish and has already joined the pétanque group which she says is great fun.

#### Stephen McKenna

Stephen and his wife have lived in Burton Joyce for over 15 years. He was prompted to join as his wife has recently become a member and joined Dorothy Burton's bridge group. Now he too has decided to join the bridge group. He's aware of the wider activities available within the U3A but he's not yet able to consider these as he is currently still working.

#### Lynn Turpin

Lynn lives in Burton Joyce, having moved to the village in 2015. She is not quite retired, working just the one day per week now. The activity that appealed to her is the table tennis group and she's now signed up to the Monday morning group which she is thoroughly enjoying.

She would be interested in attending some of the monthly meetings but at present is unable to as she looks after one of her 3 grandchildren each Tuesday.

#### Mike Sylvester

Mike lives in Langar and is still working, but part time now. He is a business mentor, having been in this profession since the mid-80s.

He is a regular visitor to Burton Joyce as his son and daughter-in-law and 2 grandchildren live in the village. Indeed, it was they who suggested Mike look at U3A to see what it offers. He recognises its benefit as a means of getting to know people and has already been to a couple of monthly meetings. And having looked at the various groups has signed up to David Yates's new group, political history, and to the meditation group.

#### Hilary McCallum



# Monthly Speaker Meetings

Monthly speaker meetings are held at Burton Joyce and Bulcote Village Hall, Trent Lane, Burton Joyce, Nottingham NG14 5EY. They are followed by refreshments, tea/coffee and biscuits. It's an ideal opportunity to socialise, sign up for Groups and chat to friends. The meetings start at 1.45 p.m. prompt and members are asked to be seated in good time as late arrivals make it difficult for those sitting near the entrance to hear the announcements.

## Our next three Speaker Meetings

### TUESDAY 9th MAY - VINCE EAGER - "LIFE AFTER EUROVISION"



Vince Eager gave us a very entertaining talk in April 2018, "All aboard the 6.5 special" - The early days of Rock 'n Roll. In this follow-up talk he recalls having been chosen to be the first British rock 'n' roller to appear in the Eurovision Song Contest in 1960, how he inadvertently broke the contest's rules, the ups and downs of losing his pal Eddie Cochran, and the moment he saved Jayne Mansfield from an embarrassing dress malfunction.

### TUESDAY 13th JUNE - GRAHAM KEAL - "OPRAH WINFREY TOUCHED MY ELBOW"

Ex-showbiz journalist Graham Keal has been interviewing TV celebrities for over 30 years, Oprah included. His interviews and columns have been published everywhere from The Daily Telegraph to My Weekly, from TV Times to The Sun, from The Guardian to The Daily Record. Graham has also entertained in folk clubs, compared concerts, and auditioned for Opportunity Knocks. Now he combines his professional insight with his incisive wit to amuse Rotary Charter Nights, social clubs, U3As, WIs, ladies' luncheon clubs etc. Why was Sir David Attenborough making eyes at him? What made Jimmy Tarbuck such a pain – and why did Oprah touch Graham's elbow? Recommended by several local U3As.



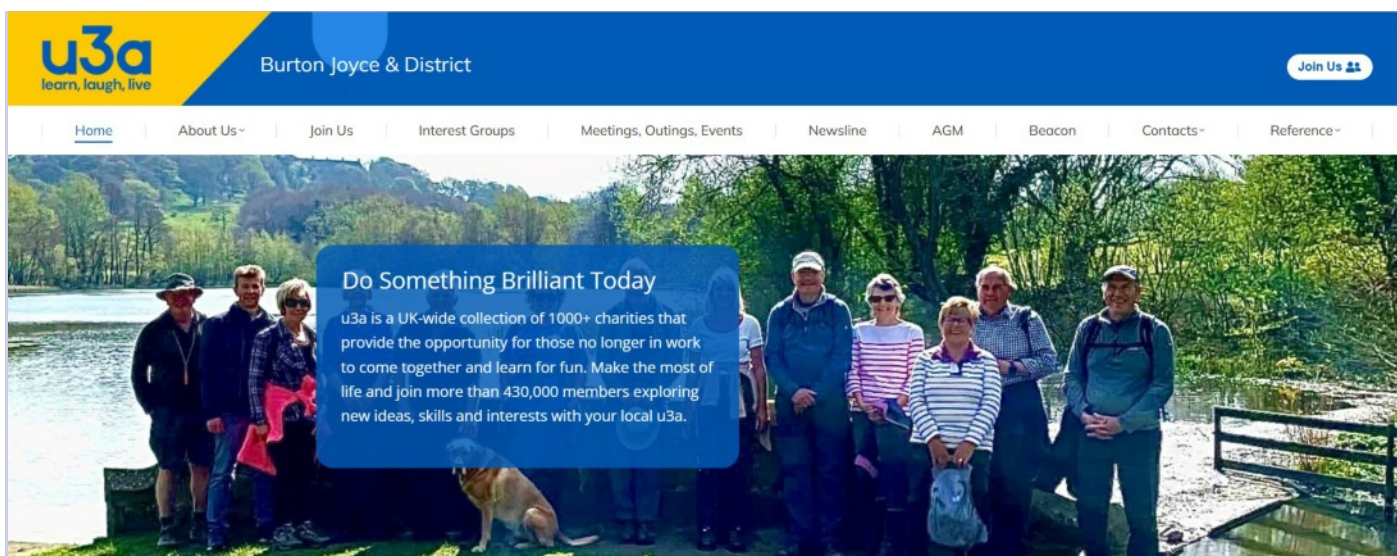
### TUESDAY 11th JULY - REV CANON ALAN HAYDOCK - "CONFESSIONS OF A COUNTRY VICAR"

Alan was born in Wigan and educated at the King's School, Ely. He trained at Kelham Theological College and, since his ordination in Southwell Minster in 1965, has served the whole of his ministry in Nottinghamshire. He became Canon of Southwell Minster in 1986.

A keen sportsman, Alan follows both Nottingham Football Clubs and is a former member of Nottinghamshire Cricket Club's General committee.

Over the past 12 years Alan has donated over £100,000 to various churches, charities and sporting organisations by means of his speaking fees. His charm, warm-heartedness, funny stories and quick wit make him a sought-after entertainer for a range of events. His true to life stories are infectious and highly entertaining. Being a keen sports fan, Canon Alan Haydock is able to mix banter from two religions – that of the church and that of the football terraces.





## Our Website - [www.bju3a.co.uk](http://www.bju3a.co.uk)

We decided last year to improve our website, which we consider an essential means of attracting new members and keeping existing members informed. We moved all of our existing data to a new website based on Wordpress, the world's most popular website builder. Since then the website has been continually enhanced.

Our Home page - [www.bju3a.co.uk](http://www.bju3a.co.uk) features a message from our Chair and a carousel displaying our Interest Groups.

The Interest Groups page - <https://bj3a.co.uk/groups/> - displays a carousel of images of their activities and a grid showing each group. Click on any group for more information, such as a description, the coordinator's contact information, meeting times, and photographs.

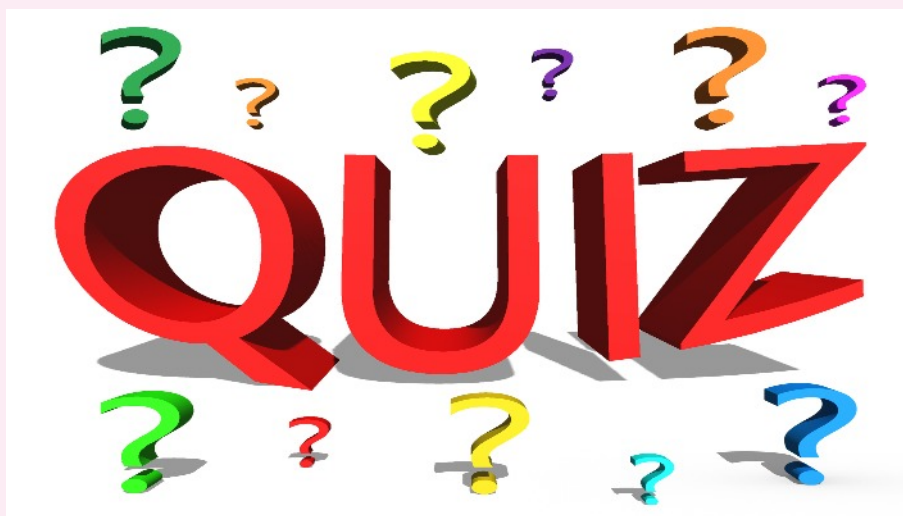
The Meetings, Outings, Events page - <https://bj3a.co.uk/events/> - gives details of future monthly speaker meetings, social events, and a link to the Outings page.

Newsline - if you've deleted the email sent inviting you to view the latest edition of Newsline, just click on the website's Newsline page at <https://bj3a.co.uk/newsline/> Not only will you be able to then click on a link to the most recent edition, you can also view previous ones.

Through the Contacts page - <https://bj3a.co.uk/contact/> - a message can be sent to committee members, and there's a link to a page giving their names and contact details at <https://bj3a.co.uk/committee/>

The Reference page - <https://bj3a.co.uk/reference/> includes links to the minutes of committee meetings, our constitution and policies, and the AGM page - <https://bj3a.co.uk/agm/> - provides links to the minutes of previous AGMs, accounts, and reports.

## Future Social Events



Our Fun Quiz Night is being held in the BJ Village Hall on Friday 26th May at 7:30pm.

The price is £10.00 per person, and includes a fish and chip supper. (Bring your own drinks).

Members and guests. Maximum of 6 per team.

To reserve tickets please email [treasurer@bju3a.co.uk](mailto:treasurer@bju3a.co.uk)

DON'T DELAY - TICKETS ARE SELLING FAST - FIRST COME, FIRST SERVED....

## News from the Network

Whilst all of you will know that bju3a is part of a national organisation, you may not be aware that there is a local Notts Network covering all the u3as in the county.

It produces a quarterly Newsbites and reading it opens up a whole host of other possibilities: what other u3as get up to, invitations to join in celebrations, and publicity about a plethora of online courses.

[Press on the link](#) to find out more.

# Group News

Click [here](#) for an up to date list of all our Groups

## GROUP NEWS

We had a very successful Co-ordinators' meeting and lunch in March, despite the fact that both our Chair, Anna, and Membership Secretary, Rupert, were unwell. As you will see from the photo, it's good to bring people together and thank them.



We are delighted to announce several New Groups:

- Flower Power Group – such a winner that this group filled up immediately and has a waiting list. It will meet seasonally with its first meeting on Thursday 20th April
- Fashion Group – again another popular idea, already full with a waiting list
- Classic Cars – new member Bob Oldham is the co-ordinator and the group have already met.
- Political History – see details below

## Potential New Groups

We know we have lots of enthusiasm and if we can bring people and ideas together, groups materialise as if by magic. We used to offer Armchair Travel, Scrabble and Kurling or is it Curling? We don't really know but we do know that we have all the equipment for it and would love for a group to restart. Is anyone interested in these or any other groups? Ideas please.

*Christine Shepherd*



# Group News

## WINE TASTING

The wine tasting group has 36 members, 75% of whom are very regular attendees at its meetings on the 4th Thursday of the month in St Helen's Church Centre. Typically, each meeting is hosted by two couples, who are responsible for deciding the theme for the evening, buying the wines, providing nibbles (bread, cheese, olives, etc), and devising a wine-themed quiz. All costs are reimbursed from the charge of £10pp made on the night.



The group tastes 8 wines, 4 white and 4 red, and unfortunately, since a bottle contains 750ml, we often have to restrict the number of attendees to 22 to ensure everyone has a reasonable taste.

The group coordinator sends an email to all the group's members on the 1st day of the month providing details of that month's events, and attendance is allocated on a first come, first served basis. If, as is often the case, more than 22 people want to come along, those who respond later are added to a reserve list and contacted if there are any cancellations. They are also given first refusal the following month.

Over the past 12 months themes have included Italian, Bordeaux, French, Spanish Australian and New Zealand wines, together with two summer evening al fresco social evenings (one a barbecue), a "Christmassy" theme at the December meeting, "An Unusual Wine Evening", and "Around the World in 8 Wines". May's theme is "Burgundy".

As well as learning about wine, our wine tasting evenings are very sociable, making them all most enjoyable. For more information visit <https://bju3a.co.uk/wine-tasting/>

*A little bird told me that at the last meeting extra bottles were bought in the anticipation of larger numbers. But, what a shame, the numbers didn't materialise but somehow the wine disappeared. Surely not! Ed.*

# Group News

## University Interest Group

### Visit to The Centre of Evidence Based Dermatology

Possibly hoping for the secret to wrinkle free faces, approximately 30 of us visited this department at the University of Nottingham. Here we heard 3 experts as well as Caroline's sister-in-law who pretended not to be but actually was, very informative. We were told of the 1,000 or so different skin conditions that drive the research, before delving into details of the effect of the Menopause on the skin. Interestingly, exercise of both mind and body are shown to be beneficial proving the benefits of u3a membership! This was followed by a talk on the effects of drugs and vaccines on the skin by an Assistant Professor of Medical Statistics – the next study is looking at the effects of the Covid 19 vaccine. Finally their exciting news was that they have just been given funding to offer an Eczema support group. Eczema affects 20% of children and 10% of adults, so if you, or anyone in your family suffer, they would love to hear from you at



[EczemaCareOnline.org.uk](http://EczemaCareOnline.org.uk)

NEXT TALK THURSDAY 18TH MAY AT 10.30 VIA ZOOM

### “WHAT’S ENGINEERING GOT TO DO WITH BABIES?”

Usually talks are restricted to the membership of this group, however this next one is unlimited as it is via Zoom. (If help needed for Zoom, contact Trevor on [tgawright@icloud.com](mailto:tgawright@icloud.com))

Listen to Professor Barrie Hayes Gill explain how the use of wireless foetal-monitoring is helping to revolutionise the care of expectant mothers and their unborn babies. Hayes-Gill is an electronic engineer who has been incredibly successful in exploiting his research having filed over 20 patents and creating at least 2 spin out companies.

Further information from

Trevor

0115 931 2805

07942 909700

# Group News

## Garden Group 4

### Want to join a Gardening Group?

We are Garden Group 4, one of 4 garden groups in our U3A and have been going for about 10 years. We meet every month, mostly on the third Monday, but not always. We are a small, friendly, informal group of enthusiasts and although our discussions do not always revolve around matters horticultural, we do eventually steer back to gardening. We have a mix of gardening knowledge and experience around the group and learn from each other. We are looking for one or two more to join us. There is no need to have any gardening experience or knowledge: just an interest. Our meetings take place in group members homes. There is no need to bring gardening forks and spades to meetings either, as most of the group would not wish to let anyone else loose on their precious patch. If you would like to join us, or discuss anything to do with the group, please contact me as below.

Alwyn Foster,

E-mail: [Alwyn.foster@ntlworld.com](mailto:Alwyn.foster@ntlworld.com)

Mobile phone: 07717 230 237.



## Group News

### Political History

#### POLITICAL HISTORY 1st Wednesday 2pm

Such was the appetite for this group (or was it the promised cake?) that the venue for its inaugural meeting had to be changed to accommodate the numbers. After much discussion about what “political history” actually meant, and how the meetings could be structured so as not to be too unwieldy, it was agreed that for the next meeting on Wednesday 3rd May, the topic would be Viscount Palmerston.



The consensus seemed to be that the group would be foolish not to make the most of David Yates (Group Co-ordinator) expertise, so he will start with a 30 minute presentation on the aforementioned PM followed by input and commentary from group members who are encouraged to research his premiership (Palmerston’s not David Yates’!)

And then we had tea and David’s home made cake!

For details see : <https://bju3a.co.uk/political-history/>

## Group News

### Flower Power

Look what can be achieved in an afternoon with enthusiasm and expert guidance. The photo shows the lovely spring wreaths made at the newly formed flower group under the experienced new member, Lesley Lacovotti. The next session will be in the small hall of BJ Village Hall on 3rd August.

For details see : <https://bju3a.co.uk/flower-power/>





## Group News

### Vogue BJ (Fashion Group)

After some deliberation, I together with Christine Shepherd and Alison Jones, have embarked on the fashion lovers' expedition and a new BJ&D u3a group was formed VOGUE BJ.

Our 1st meeting attended by 19 members was held last week when we shared our experiences with fashion. Some cited influences from their parents as the first introduction to fashion. This has made me reflect on my own experiences when my father made all my ballet & other performances' clothes. They were made with so much pride at night after a long day at work. He introduced me to dressmaking for which I'm very grateful.

I'm sure you can recognise the 7yr old in the photo with the black hair at the front wearing my father's created outfit for a school Xmas show. ....



.....and in more current and colourful fashion... Christine is demonstrating her latest creation, a beautiful coat that reflects her joyous personality and skilful craftsmanship .

Future meetings may involve visits to exhibitions, shopping trips, lessons in styling and more.

Anna Moore email: [amoore3591@outlook.com](mailto:amoore3591@outlook.com)

Christine Shepherd

Alison Jones

# OUTINGS

## FUTURE OUTINGS FOR 2023

### RIVER TRENT CRUISE SUNDAY 20TH AUGUST

This cruise was so popular last year that all 52 Upper Deck places have been reserved for us, but only until 9th May. It starts close by at Colwick, lasts three hours and you will need to be quick if you would like to join in.

Thereafter any unsold places will be offered to the public. The cost is £24.75 with a non-refundable deposit required of £3 when booking.

Payment should be sent preferably by bank transfer to Burton Joyce and District U3A account 23616068, sort code: 77-22-10. Please put your surname in the reference field.



Alternatively, payment can be made by cheque payable to Burton Joyce and District U3A and delivered or posted to our treasurer, Anne Hegarty, at 3, Copse Close, Burton Joyce, Nottingham, NG14 5DD (off Foxhill Road, which is off Padleys Lane). Please write your surname on the reverse of the cheque. NO CASH PLEASE.

PLEASE NOTE THE URGENCY OF BOOKING BY 9TH MAY TO ENSURE YOU HAVE A PLACE. Please also email or phone Alwyn if you have booked by paying your £3 deposit.

Alwyn Foster W-mail: [alwyn.foster@ntlworld.com](mailto:alwyn.foster@ntlworld.com)

Mobile: 07717 220 237

### FUTURE OUTINGS FOR 2023

We hope to be able to organise a trip to the Palace of Westminster later in the summer and then, nearer Christmas, another trip to the ever popular Thursford in Norfolk for the Christmas Spectacular.

A separate bulletin will be sent out with further details when they are available.

# Committee Members

The minutes of the latest committee meeting can be found [here](#). At the date of publication of this edition, the members of the Committee are set out below.

Anna Moore	Chair	07891 221840	<a href="mailto:chair@bju3a.co.uk">chair@bju3a.co.uk</a>
Anne Hegarty	Treasurer	07981 705967	<a href="mailto:Treasurer@bju3a.co.uk">Treasurer@bju3a.co.uk</a>
Sue Berridge	Business Secretary	07999 101354	<a href="mailto:Secretary@bju3a.co.uk">Secretary@bju3a.co.uk</a>
Christine Shepherd	Groups Facilitator	07773 156813	<a href="mailto:Groups@bju3a.co.uk">Groups@bju3a.co.uk</a>
Rupert Williams	Membership Secretary	0115 931 3095	<a href="mailto:MembershipSecretary@bju3a.co.uk">MembershipSecretary@bju3a.co.uk</a>
Alan Comerie	Speaker Finder	07581 456253	<a href="mailto:speakers@bju3a.co.uk">speakers@bju3a.co.uk</a>
Anna Moore	Beacon Coordinator	07891 221840	<a href="mailto:Beacon002@bju3a.co.uk">Beacon002@bju3a.co.uk</a>
Judith Wright	Newsline Editor	0115 931 2805	<a href="mailto:bju3anewsline@outlook.com">bju3anewsline@outlook.com</a>
Elaine Bass	Committee Member	0115 911 8756	
Rob Johnson	Committee Member	07762 706059	

## Additional administrative contacts

Alwyn Foster	Outings Support	0115 931 2571	<a href="mailto:outings@bju3a.co.uk">outings@bju3a.co.uk</a>
Grenville Shepherd	Fire & VH Keyholder	0115 9618840	<a href="mailto:grenshepherd@yahoo.co.uk">grenshepherd@yahoo.co.uk</a>
Alan Comerie	Website Manager	07851 456253	
David Falkner	Welcomers' Coordinator		<a href="mailto:welcome@bju3a.co.uk">welcome@bju3a.co.uk</a>

**Please let us have any contributions for the August 2023 issue of Newsline as soon as you have them and at the latest by 24th July 2023. If you would like a “focus” on your group please let the Editor know by emailing to [bju3anewsline@outlook.com](mailto:bju3anewsline@outlook.com).**

### Would you like to promote or showcase your Group?

Any Group has the opportunity to publicise what it does in a brief slot before we introduce our monthly speaker. If you would like to address the BJU3a audience - usually 100 + members - please contact me via the e-mail address indicated in this Newsline.  
- Alan Comerie .....Speaker Finder.

